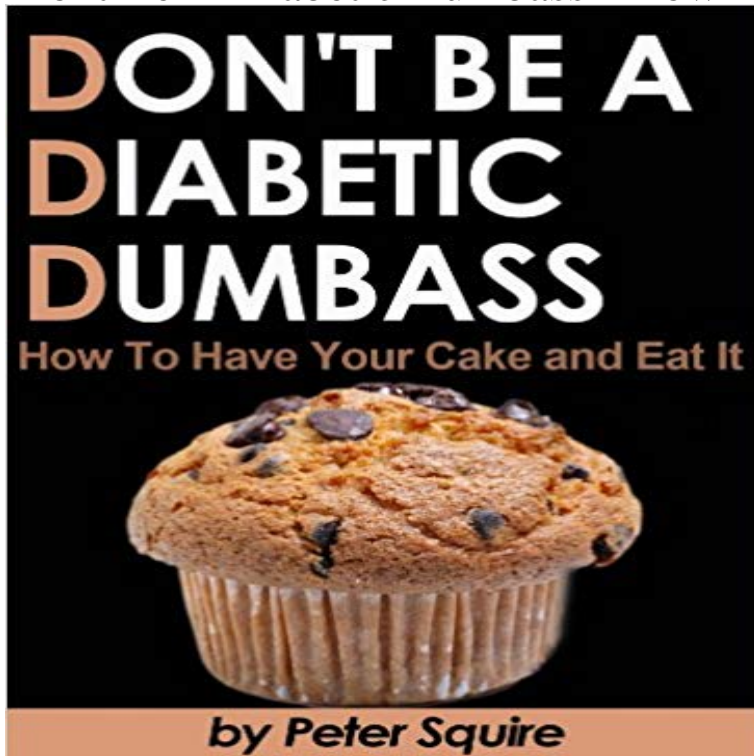


Dont Be A Diabetic Dumbass - How To Have Your Cake And Eat It



Are you type 1 diabetic? If yes, are you concerned that you have to be bound by restriction as to what you eat? My answer is to you is, dont be. If youre new to the condition or youre just simply unaware; then its important for you to know that youre able to eat as you like and still keep your blood glucose in check. My aim is to show you how you can achieve this and many other things so youll be able deal with diabetes on a daily basis and in the long term much more smoothly. I dont want you to experience a rough ride like I did, we as diabetics should indeed still have the freedom of choice. So this book is written with you in mind. Please enjoy.

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